
BODY/FACE PAINTING WITH WATER MAKE-UP

General instructions for making body/face paintings

Water Make-up is great for children, but also suitable for adults.

PUT READY

Towel / cape / old shirt Water bowls Cotton buds Mirror Toothbrush Tissues Cotton wool pads

Do not use ready-to-use cleansing cloths.

All make-up colours and accessories you need for your face/body painting.



PREPARATION

Before starting, you ensure your hands and nails are well cleaned. File your nails if necessary, so that there are no snags. By doing this you prevent damages on the face and risk of infection.

Always work using clean materials (sponges, brushes, spatulas, water bowls) and change the water regularly.

Get the subject to put on any clothes beforehand that have to be put on over the head. Protect your models clothing with a hairdressing cape or a towel. You can also use an old shirt for this: put it on your model back to front and cut off the sleeves to the right length.

If you are going to be painting several children, have them sit on high stools, preferably with backs. A proper working posture prevents back complaints.

Hint: children like to be able to watch their face being painted in the mirror. This will generally ensure they are less easily distracted and are more likely to sit still.

APPLYING A BASE

If the skin is dry or sensitive, than apply a thin layer of Grimas Under Make-up Base: a non-greasy cream with a caring effect. Let the skin absorb it for a few minutes before you start working on the skin with Cake or Water Make-up, thus ensuring that the product has been fully absorbed into the skin.

You can apply Grimas Water Make-up (Pure) directly to the skin, but you may also choose to apply a layer of Grimas Cake Make-Up first. This offers the advantage that the colours of the Water Make-Up colours are more even and more intense (especially the lighter tints and silver) and that in addition, these colours can be removed more easily from the skin later on.

You apply Cake Make-up with a slightly damp make-up sponge. If you work with too much moisture, streaks will form.

You can press the make-up sponge down onto a tissue to remove any excess moisture.

Take the make-up sponge between the fingertips and squeeze it together to create a round surface. With this surface the make-up can be applied.

First dab a little Cake Make-up onto the hand to check the colour intensity. Then apply it evenly from top to bottom. Work the Cake Make-up out properly, up into the hairline, and do not forget the ears and neck. This is how you avoid a mask-like effect. Cake Make-up dries quickly, so you need to work quickly to achieve a nice result. If the result is not even, turn the sponge that you worked with over and use the clean side to even out the make-up. Any stripes after drying can be gently rubbed away with a soft tissue or cloth.

Advice: white Cake Make-up is transparent and therefore never completely covers up. If you want to have a covering effect (for example with a zebra or a clown), then you need to apply a layer of white Water Make-up (Pure) on top of the Cake Make-up.

If children have skin irritation or small cuts on their faces, you can also do the painting on the hand.

The shape, width and quality of the brush are to a great extent qualifying the effect you can achieve with it. For instance, round brushes are ideal for making curves and drawing curls. You draw straight lines preferably with a flat brush, keeping the handle of the brush pointed in the direction of the line. To draw a thin line, you do not necessarily need to use a narrow brush. You can also use the edge of a flat brush for that. This brush is also very convenient for making a thick line merge into a thin one, turning the brush on its side in one fluid action as you go automatically changes the line from thick to thinner. When you come to the end of a line, lift the brush from the skin in a single smooth movement.

Hint: to make beautiful, thin lines, you mix the Water Make-up with Cleansing Lotion instead of water.

WATER MAKE-UP

Grimas Water Make-up (Pure) is an unperfumed, gluten-free water-based make-up, intended for face-painting and body-painting.

'Pure' means that the product in question does not contain any artificial preservatives (such as parabens) or halogenated organic compounds.

Water Make-up works just like watercolour paint. Use a brush or a make-up sponge to make the make-up a bit mushy. For larger surfaces you use a make-up sponge. Don't work too dry, but do not use too much water.

The more quickly you draw the line the straighter it will be, and the more pressure you apply on the brush, the thicker the line becomes.

If you do not want the colours to mix, be sure to wait for the first layer to dry before applying another colour over it or up against it.

If you apply the make-up too thickly or in too many layers, you will end up with a cracking effect.

When working with Water Make-up preferably use separate brushes for light and dark colours.

Hint: Regularly change the water you rinse your brushes in and preferably work with two

water bowls: one for light and one for dark shades.

Grimas Water Make-Up (Pure) can be used around the eyes, but children often do not like it when brushes or sponges are so close to the eyes. So decide yourself how far you want to extend the colour. Children are inclined to shut their eyes tight. Then you can say: keep your eyes closed as if you are sleeping.

Draw the stripes with a flat brush. Do try to keep the lines running parallel, otherwise it starts to look messy. You can simply let the lines run into the hair.

General tip: Water Make-up can be used to add (additional) colour to the hair and eyebrows, provided that the hair is not permed, bleached or dyed. Use a toothbrush to do this.

Hair that has been coloured using Water Make-up (Pure) can be washed with shampoo.

REMOVING THE PRODUCT(S)

You can lightly wash the skin with lukewarm water and soap (or shampoo) to already remove a great part. Massage it in briefly and rinse off with lukewarm water. Scrubbing too much with water and soap or shampoo can irritate the skin. You can clean the skin further if required with a cleansing milk or cleansing cream. Massage it in gently and remove it with a soft tissue.

Do not use Afschmink, as this contains waxes and oils which actually adhere the Water Make-up to the skin.

Do not use ready-to-use cleansing cloths.

If a trace of colour is left on the skin, it can be removed with Grimas Cleansing Lotion. If the skin feels dry after cleaning, you can apply a care cream.

If Water Make-up gets onto clothing, rinse it out under a tap. Leave the item of clothing to soak in water containing a pre-wash (Biotex). Then wash it by hand or put it in the washing machine.

CLEARING UP THE MATERIALS

If necessary, rinse the Water Make-up clean under the tap and wipe the surfaces of the colours and the packaging dry with clean tissues. Let the make-up dry out in the air and only put the lid back on when the Water Make-up is dry. Store it in a dry and cool place until the next time you use it.

The sponges are disposable so you can throw them away after use. If you do want to reuse them, first rinse them under the tap with some soap or shampoo or wash them in the washing machine (in a net bag or pillow case), set to at least 60°C.

You can clean brushes with water and soap or shampoo. Put the moist hairs of the brushes back into shape by hand after washing. Dry the brushes lying flat on a towel and do not place them upright, since that causes the moisture to run down into the shaft.

Please don't hesitate contact us if you have any questions: via e-mail: info@punanaamio.fi

We will gladly answer all your questions :-)